



People Who Help Us

	Activity	What to do	Useful websites or apps	How to record learning.	Area of learning	Some extra Learning
Monday	<p><u>Who helps you?</u></p>    	<p>Talk to your child and encourage them to think of people who help us on a daily basis. They might find this question a little tricky, so you can prompt their thinking by giving examples of doctors, teachers, Mums and Dads, police officers, fire men bus drivers, post men, shop keepers, waste collectors etc. Then get them to have a think about what they do to help us.</p> <p>With your child talk about how is helping you and then discuss with your child if they were to help in any way, what would they do and why?</p> <p>Then encourage your child to draw a picture of what they have chosen to do.</p> <p>Record what your child says and take pictures of what they are doing. The words they say will be the captions added to the pictures as they go in their special books.</p>	<p>You can also check out the 'Postman Pat' story on BBC iPlayer. All about a special delivery https://www.bbc.co.uk/iplayer/episode/b0848q3v/postman-pat-special-delivery-service-series-3-9-postman-pat-and-the-eco-igloo</p>	<p>Take pictures of your child doing the activity at different stages and bring them into nursery on your return or send them to us at don't forget to ask them to put you name and class on the email heading). Info@ronaldopenshaw.newham.sch.uk</p>	<p>Communication and Language, Understanding of the World, Maths, Physical development and Expressive Arts and Design.</p>	<p>Have a look at the Love my books website for lots of ideas for fun, creative and reading activities at home http://www.lovelybooks.co.uk/</p> <p>Check out the section for 0-3's or 3-5s' for some relevant stories.</p> 

<p>Tuesday</p>	<p><u>Make your own library</u></p> 	<p>Talk to your child about the library. You may have visited one in the local community or they could have been to the one in the nursery. Talk about what happens there and if they know who works there.</p> <p>You can show your child a library card as an example of what people use at the library to take books out (if you have one if not see the picture to the left). Children can make their own library cards using paper/card and pens/pencils and write their names or make marks to represent their names.</p> <p>Children can then create their own library using books at home, they could use boxes to make a computer where books will be scanned to take out. They can then use role play and pretend to be a librarian with visitors to the library who want to take books out - this can be done with siblings and other family members.</p>	<p>Check out https://theimaginationtree.com/library-role-play-area-literacy-activity-exploring-reggio/</p> <p>Check out Mr Tumble and the library: https://www.bbc.co.uk/iplayer/episode/b09syqqv/something-special-were-all-friends-series-11-11-library</p>	<p>Take pictures of your child doing the activity at different stages and bring them into nursery on your return or send them to us at don't forget to ask them to put you name and class on the email heading). Info@ronaldopenshaw.newham.sch.uk</p>	<p>Communication and Language, Understanding of the World and Expressive Arts and Design</p>	<p><u>Toilet paper roll fire fighters</u></p> <p>This activity is perfect for body awareness. Draw your very own firefighter and colour them in, then cut it out and glue it on the toilet paper roll.</p> <p>It is great for developing attention span, fine motor skills and also body awareness. Encourage them to place the right piece of the firefighter on the right spot!</p> <p>Then encourage your child to talk about the role of firefighters and how they help us when we are in danger.</p> <p>https://www.teach-mommy.com/our-week-people-who-help-us-theme-1/c</p> 
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<p>Wednesday</p>	<p><u>In an emergency</u></p> 	<p>There are lots of people who help us. Sometimes when we need help we need to tell someone else, such as the emergency services, where we live so they know how to find us.</p> <p>Do you know your address? Draw a picture of where you live with your house/flat number on it. You can also write your road name on there too.</p> <p>Extension: Try to describe to someone where your home is. Can you remember some special things about it, for example, "Our road has lots of trees on it." or "We live next to a big supermarket."</p> <p>Can you tell someone how to get from your house to one of your favourite places such as nursery, or the shops? Try to remember all of the things that you see along the way. You could try to draw a map as well! Don't forget to send us a picture of it so we know how to get to your favourite place too.</p>	<p>Additional for parents:</p> <p>Talk to your child about the emergency services and teach them the number that they need to dial if you can do it yourself. This video is for adults and has good advice on how to teach your child to dial 999 in an emergency.</p> <p>https://www.youtube.com/watch?v=4ajwSGYqeWl</p>		<p>Communication and Language, Understanding of the World, Physical development, Expressive Arts and Design and Mathematics</p>	<p><u>Doctors and Nurses Role-Play</u></p> <p>You can gather baby dolls or teddy bears to be your patients. You could use towels or some of your mum or dads socks to make bandages. A spoon for administering medicine Some nice soft cushions for your doctor's bed.</p> <p>Then have a think about what you could use to record your findings and what you could give to those who are sick or injured.</p> <p>Take this opportunity to have a conversation with your child about how doctors and nurses work and role play together and help each other as you do so. Here is a link you can sing along to together to 'Miss Polly had a Dolly'.</p> <p>https://www.youtube.com/watch?v=AbMi7DY1eo</p> 
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<p>Thursday</p>	<p><u>Making badges</u></p>  	<p>As there are lots of people helping us during this time. It could be a nice time to get children to create their very own badges. They could make you for someone that helps them or for themselves in honour of someone that helps them.</p> <p>They can do this by drawing a picture of a person who has helped them or of a symbol or even just a shape. Your child can then colour or decorate it, then cut it out. Once they have done this they could attach some ribbon or strips of paper to really make it fancy.</p> <p>Whether they have decided if they are going to send it or keep it, they need to think about how they are going to attach it on to their clothes. You could use tape, a stapler or safety pin with the help of an adult.</p>	<p>For something else to do, children can draw a picture of a person who helps us on wide strings of paper to make bracelets; using tape, they then need the help of an adult to attach it round their wrist. Children can use these for role-play and can be imaginative.</p>	<p>Take pictures of your child doing the activity at different stages and bring them into nursery on your return or send them to us at don't forget to ask them to put your name and class on the email heading).</p> <p>Info@ronaldopenshaw.newham.sch.uk</p>	<p>Communication and Language, Mathematics and Understanding of the World, Expressive Arts and Design, Mathematics</p>	<p>Check out Cbeebies for some great games all about people who help us.</p> <p>https://www.bbc.co.uk/games/embed/cbeebies-biggleton-game?exitGameUrl=https%3A%2F%2Fwww.bbc.co.uk%2Fcbeebies%2Fgames%2Fbiggleton-get-the-jobs-done</p>
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<p>Friday</p>	<p><u>What's in the parcel?</u></p> 	<p>How to carry out the activity:</p> <ol style="list-style-type: none"> 1. Tell the children that the very helpful postman delivered this parcel to their home and that you need their help to remember what is in the parcel. 2. Invite the child/children to look carefully at the things in the box. They can feel them as well 3. Then put the lid on and ask each child to try to remember the things they saw. 4. Change objects over occasionally and talk about where they are from and what they are used for. <p>Questions to ask/language to use:</p> <ul style="list-style-type: none"> • What did the postman bring us? • What can you remember? • What is this from? • What is this used for? • Who does this belong to? • I wonder who found these things and posted them to us? 	<p>Resources:</p> <ul style="list-style-type: none"> • A large box with a lid that looks like a parcel • Variety of objects, a selection of familiar and some unusual ones, placing 5 in the box at any one time 	<p>Take pictures of your child doing the activity at different stages and bring them into nursery on your return or send them to us at don't forget to put your name and class on the email heading).</p> <p>Info@ronaldopenshaw.newham.sch.uk</p>	<p>Communication and Language, Understanding of the World, Physical development.</p>	<p>Have you been joining in with Joe Wicks and his PE sessions?</p> <p>They are lots of fun! He even does dress up Fridays...</p> <p>Join Joe Wicks on YouTube at 9am every weekday morning or tune in at a later time on: https://www.youtube.com/channel/UCAxW1XT0iEJo0TYIRfn6rYQ</p> 
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Hats

What you need: Paper, Cellotape/glue, Scissors, Pencil and Crayon/ colouring pencils.

What to do: Parents can talk with their child about people around our community who help us, such as doctors, nurses, postman, fire-fighters. Then parents can suggest and encourage children to make hat or masks of their favourite helper. Parents can support them by demonstrating how to do it then child can copy or the child can use his/her imagination to draw their own. Then the parents can show them how to cut it to make a hat and then supervise the child while he/she is cutting. After colouring they can decide if they want to make a mask, hat or both. They can make different masks and hats of different people who help us. After completing parents can talk about different people, their professions and how they help us. Also what the child wants to be when he/she will grow up.



Toilet paper roll fire fighters

This activity is perfect for body awareness. Drawing a picture of a firefighters and colouring in the pictures, then cutting it out and glue it on the toilet paper roll. It is great for developing attention span, fine motor skills and also body awareness: placing the right piece of the fireman on the right spot! Children can tell the role of fire fighters and the help us when we are in danger

<https://www.teach-me-mommy.com/our-week-people-who-help-us-theme-1/>



Make your own Ambulance or Fire engine.

If you can find a large box or even tape a few small ones together to create your very own ambulance or fire engine. You can use pens, pencils, paper scissors and glue to decorate it. If you don't have these things you could try using some of the things from around you home, such as a few chairs laid on their sides create a great place for the front of a van and a few sheets and you have the outside of your ambulance.



Learning the signs of people who help us:

Children can learn how to sign the word 'help' as well as the signs for the different people who help them, I.e. policeman/woman, nurse, doctor, teacher, family members etc...

https://www.youtube.com/watch?v=WAx9Iv_cnXk - Makaton signing for people who help us - children can watch the video and copy the signs

<https://www.british-sign.co.uk/british-sign-language/how-to-sign/help/> - help

<https://www.british-sign.co.uk/british-sign-language/how-to-sign/nurse/> - nurse

<https://www.british-sign.co.uk/british-sign-language/how-to-sign/teacher/> - teacher

<https://www.british-sign.co.uk/british-sign-language/how-to-sign/mum/> - mum

<https://www.british-sign.co.uk/british-sign-language/how-to-sign/dad/> - dad

<https://www.british-sign.co.uk/british-sign-language/how-to-sign/brother/> - brother

<https://www.british-sign.co.uk/british-sign-language/how-to-sign/sister/> - sister

You can also check out Mr Tumble and the People who help him:

Fireman:

<https://www.bbc.co.uk/iplayer/episode/b03qkx5p/something-special-were-all-friends-series-9-3-fire-station>

Post Man:

<https://www.bbc.co.uk/iplayer/episode/b03skjfq/something-special-were-all-friends-series-9-7-post-office>

Teachers:

<https://www.bbc.co.uk/iplayer/episode/b09pwwcm/something-special-were-all-friends-series-11-3-my-school>

Dentist:

<https://www.bbc.co.uk/iplayer/episode/b09sz6y9/something-special-were-all-friends-series-11-13-dentist>

Vets:

<https://www.bbc.co.uk/iplayer/episode/b09vf5ds/something-special-were-all-friends-series-11-23-vets>